



UNIVERSITY OF NEW YORK TIRANA  
Fall 2007

Course: **Psychoanalysis, Humanism and Behaviorism (3 credit hours)**

Instructor: **Anxhela Gramo, M.A.,CP**

Office hours: **Tuesday & Friday 11:00 - 13:00**

Email: **agramo@unyt.edu.al**

Meeting day and time: **Monday 11:00 - 14:00**

**Required Texts:**

Nye, R.D. (1999) *Three Psychologies* (6th ed.). Belmont, CA: Wadsworth/ Thomson Learning.

Skinner, B.F (1948) *Walden Two*. New York: Macmillan

Rogers, C.R. (1995) *On Becoming A Person*. Boston: Houghton Mifflin Company

Freud, S. (1995) *The Freud Reader*. London:Vintage

**General Information:**

**I.AIM:**

This course focuses on three most influential schools of psychology in the 20<sup>th</sup> century, psychoanalysis, behaviorism and humanism. The outstanding contributions of Freud, Skinner and Rogers will be explored carefully. This course will enable students to understand the differences in Freud's, Skinner's and Rogers' views on human beings, human qualities, personality development and ways to deal with problematic behaviors.

**II.COURSE OBJECTIVES:** It is expected that by the end of this course, students will be able to:

1. Describe three theoretical approaches and identify their basic elements that distinguish them.
2. Compare and contrast the rationale that each school chooses to explain human behavior, personality development and mental health.

3. Demonstrate a critical view on the contributions of Freud, Skinner and Rogers on the field of psychology.

**III. TEACHING METHODS:** Lectures, readings, group discussions.

**IV. CLASS POLICIES:**

**A.** It is expected that students **show respect in class**. It is very disrespectful to talk to your neighbor while someone is speaking. If you need assistance regarding a point you missed, please ask.

**B. Being on time** for class is important. If you will be late for the class, you are allowed to enter the class and not miss it. However, note that regular tardiness will lower your grade.

**C. Raise your hand** when you would like to speak. It is not rare that most of students want to speak at the same time. Raising hand will facilitate our discussions and will assist us respect everyone equally. If you will ignore this rule, your word will be ignored as well.

**D. Attendance** in class is mandatory.

- *Students who miss more than three classes may be required to withdraw from the course.*
- Students with perfect attendance will be given extra credit toward their final grade (for example, a B would become a B+).
- Any **unexcused absences** will lead to loss of participation and attendance points.
- Any illness or emergency situation should be reported to the instructor. **Only in this case, it will be considered excused.**

**E. Participation** is as important as attendance.

Participating in class discussions is a good tool to practice your communication skills. Sharing your experiences, opinions and raising questions will be beneficial to all. However, if you do not feel comfortable speaking in front of others, please see me.

**F. Cell phones** should be turned off or silenced. In cases of emergency, please let me know before the start of class. If you need to go out, please do so quietly without disturbing the class process.

**G. Late Assignment & Paper** will be penalized. For each day the paper or the assignment is late, points will be deducted.

**H. Cheating & Plagiarism** will lead to severe consequences. Copying your friend's work during a test, assignment or paper is not acceptable. If someone gives you the permission to copy his/her work, this is still considered **cheating** and both individuals will suffer the consequences. **Plagiarism** (it is worth repeating) occurs when a student uses the work of another person (author) without change or with minor changes without recognizing this fact. *In case of cheating or plagiarism is noticed, students*

will receive an F for the assignment, test, or paper and notification will be sent to academic staff of the university. In severe cases, students may fail the course.

#### **IV. COURSE REQUIREMENTS:**

**A. Reading Assignments:** This course requires that you READ READ READ! It is necessary that students come to class after the completion of the assigned readings. **Class lectures may not necessarily repeat information from the course textbook. It is student's responsibility to read the assigned material and ask clarification questions in class.**

**B. Article Review:** Students are required to turn in 3 article reviews. This means that students will search and identify 3 journal articles related to each theoretical approach. Each review should include the title, the author, the name of the professional journal, the date published, the volume, and the pages where your article appears. These assignments should be typed (12), double-spaced and should be at least 2 pages in length. These reviews should be written in your own words and contain only your original thoughts. Since not any article may be appropriate, instructor's approval is required first.

Article review will be graded by Pass or Fail. In case of a rewrite, instead of 15%, you will receive 10%. Please note that if you receive an F as a result of cheating/plagiarism, you will automatically receive 0.

**C. Individual Presentation:** In the second week of class, students should have made a decision about which side of which theory they would present. Example: Contributions of Psychoanalysis or Limitations of Psychoanalysis.

In order to complete the presentation, students are required to:

1. Interview one professional of the psychology field. If you have difficulty identifying one, please see me. Prepare a list of questions prior to the interview, so that you get what you want.
2. Make good use of the text books material as well as of two additional sources (book and article)
3. If possible, illustrate with a case study.

**D. Paper:** Paper will be developed based on specific topics that will be decided by instructor. Remember that your paper needs to be unique and individually written. The paper should be 5 pages long and must be typed and double-spaced. The bibliography must include 5 sources. Please remember to follow the writing guidelines of APA style.

Please Note: **Course assignments/papers will not be accepted by email. Each day the paper is late will receive 5 points deduction. Assignment/papers should be submitted not later than 3 days from the due date.**

**E. Quizzes & Final Test:** 2 quizzes and 1 final test will be given during the course. The 1<sup>st</sup> quiz will focus on psychoanalysis + humanism, 2<sup>nd</sup> quiz on behaviorism + humanism and the final will focus on psychoanalysis + behaviorism + humanism. Each will count for 15% of the final grade.

#### **IV. EVALUATION AND GRADING**

Attendance and Participation-	10%
Article Review (3 x 5%)-	15%
Individual Presentation-	10%
Quizzes & Final Test (3 x 15%)-	45%
Paper -	20%

#### **Grading scales:**

A	96-100	C-	70-72
A-	90-95	D+	67-69
B+	87-89	D	63-66
B	83-86	D-	60-62
B-	80-82	F	0-59
C+	77-79		
C	73-76		

## V. COURSE OUTLINE

### **Topic**

Course Introduction  
Freud and Psychoanalysis

Freud and Psychoanalysis  
**Article Review 1**

Freud and Psychoanalysis  
Chapter 2, Nye

Freud and Psychoanalysis  
**2 Presentations**  
"on beginning the treatment" P.Gay

Introduction to behaviorism  
Chapter 3, Nye

Skinner and Behaviorism  
**2 presentations, Article Review 2**  
Skinner

Bandura and behaviorism  
**Quiz 1**

Introduction to Humanism  
Chapter 3, Nye

Carl Rogers and  
Person Centered Therapy  
**2 Presentations, Article Review 3**  
"Hypothesis regarding facilitation of personal growth", Rogers

Abraham Maslow and  
Hierarchy of Needs  
**Quiz 2**

Behaviorism & Humanism (cont)  
**Paper Due**

Course Review

**Final Exam**

